Hot Tub Safety





Spas and hot tubs can be enticing to young children

Think of it from your child's perspective...

BUBBLES, JETS AND WARM WATER = FUN!

Water Temperature

- To prevent dehydration, or heat- related illness, keeping the water temperature below
- 100 degrees Fahrenheit is safer for small children
- Always check the temperature first with your hand before entering

Limit Play Time

- · Limit your child's playtime in the water to less than 10 minutes
- If your child's face turns red, has nausea or dizziness, take the child out of the water immediately and apply cold water to the forehead with a saturated towel

Jets & Bubbles

- Keep the jets off, the currents that can be created by the jets can be particularly strong, and are very dangerous for a young child
- Bubbles in a hot tub drastically reduce visibility and make the water too interesting for little ones to want to investigate further

Covers & Locks

• When the spa or hot tub is not in use, secure it with a hard top cover with a latch that locks

Hot Tub Controls

• Find a way to prevent children from manipulating the controls for the hot tub. Once they find out how to

Install VGB-Compliant Drain Covers

One of the most important factors in keeping children and adults safe from entrapment incidents in pools and spas is to install anti-entrapment or safety drain covers that are compliant with the P&SS Act.

Drain entrapments are frequently the result of a swimmer's body, hair, limbs or clothing becoming entangled in a faulty or flat drain or grate. The best defense against entrapments is to prevent them before they happen by installing federally-compliant drain covers. Inspect your drain cover regularly to make sure it's not broken and is not missing.

For a full list of manufacturers of the VGB-compliant products visit www.PoolSafely.gov

EDUCATE YOUR CHILD

Teach your child survival swimming skills. Infants as young as 6 months can learn to Rollback-to-Float providing valuable moments. Children as young as 1 year can learn to Swim-Float-Swim to safety.

www.SOSswim.com